**Annbank Primary School Lunches**

**Week 1**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | **Soup** | **Main** | **Vegetables** | **Sandwiches** | **Fruit** | **Dessert** | **Drink** |
| **Monday** | Lentil | Vegeballs in tomato sauce  Cheese & Tomato pizza | Sweetcorn  Potato wedges | Turkey salad Roll/ Sandwich | Fresh fruit salad | Fresh Fruit Salad | Milk  Water |
| **Tuesday** | Farmhouse | Mac & Cheese  Mince & Potatoes | Mashed Potatoes  Carrots & Peas | Tuna  Roll/ Sandwich | Fresh fruit salad | Apple Crumble & Custard | Milk  Water |
| **Wednesday** | Lentil | Baked Potato & Cheese  Chicken Curry | Mixed Veg | Cheese Roll/ Sandwich | Fresh fruit salad | Fresh Fruit Salad | Milk  Water |
| **Thursday** | Chicken & Rice | Quorn Nuggets  Steak Pie | Mashed Potatoes  Sweetcorn | Chicken Roll/ Sandwich | Fresh fruit salad | Apple & Blackberry Sponge & Custard | Milk  Water |
| **Friday** | Lentil | Breaded Fish & Chips  Pasta Bolognese | Garden Peas | Tuna Roll/ Sandwich | Fresh fruit salad | Ice Cream  Fresh Fruit Salad | Milk  Water |

**Annbank Primary School Lunches**

**Week 2**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | **Soup** | **Main** | **Vegetables** | **Sandwiches** | **Fruit** | **Dessert** | **Drink** |
| **Monday** | Lentil | Tomato Pasta & Garlic Bread  Salmon Fish Fingers | Garden Peas  Potato wedges | Chicken Roll/ Sandwich | Fresh fruit salad | Fresh Fruit Salad | Milk  Water |
| **Tuesday** | Split Pea | Roast Turkey  Quorn Lasagne | Mashed Pots  Broccoli, cauliflower & carrots | Cheese Mayo  Roll/ Sandwich | Fresh fruit salad | Drizzle Iced Raspberry sponge & Custard | Milk  Water |
| **Wednesday** | Lentil | Beef Burger Roll  Kashmiri Quorn Curry | Potato Wedges  Sweetcorn | Turkey Roll/ Sandwich | Fresh fruit salad | Fresh Fruit Salad | Milk  Water |
| **Thursday** | Chicken & Rice | Mac & Cheese  Chilli Beef & rice | Sweetcorn | Tuna Roll/ Sandwich | Fresh fruit salad | Rice Pudding & Mandarins  Natural Yoghurt | Milk  Water |
| **Friday** | Lentil | Breaded Fish & Chips  Sausage Casserole | Baked Beans  Garden Peas | Cheese Roll/ Sandwich | Fresh fruit salad | Ice Cream | Milk  Water |

**Annbank Primary School Lunches**

**Week 3**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | **Soup** | **Main** | **Vegetables** | **Sandwiches** | **Fruit** | **Dessert** | **Drink** |
| **Monday** | Lentil | Mac & Cheese  Quorn Nuggets | Potato wedges  Carrots & Peas | Turkey salad Roll/ Sandwich | Fresh fruit salad | Upside Down Pineapple Sponge & Custard | Milk  Water |
| **Tuesday** | Farmhouse | Steak Pie  Baked Potato & Cheese or beans | Mashed Potatoes  Broccoli | Cheese  Roll/ Sandwich | Fresh fruit salad | Fresh Fruit Salad | Milk  Water |
| **Wednesday** | Lentil | Tomato Mascarpone Pasta  Chicken Curry | Roasted Vegetables | Tuna Roll/ Sandwich | Fresh fruit salad | Apple Crumble & Custard | Milk  Water |
| **Thursday** | Chicken & Rice | Cheese & Tomato Pizza  Beef Lasgane | Potato Wedges  Corn on the Cob | Chicken Roll/ Sandwich | Fresh fruit salad | Fresh Fruit Salad | Milk  Water |
| **Friday** | Lentil | Breaded Fish & Chips  Chicken Burger | Baked Beans | Cheese Savoury Roll/ Sandwich | Fresh fruit salad | Toffee or Raspberry Frozen Yoghurt | Milk  Water |