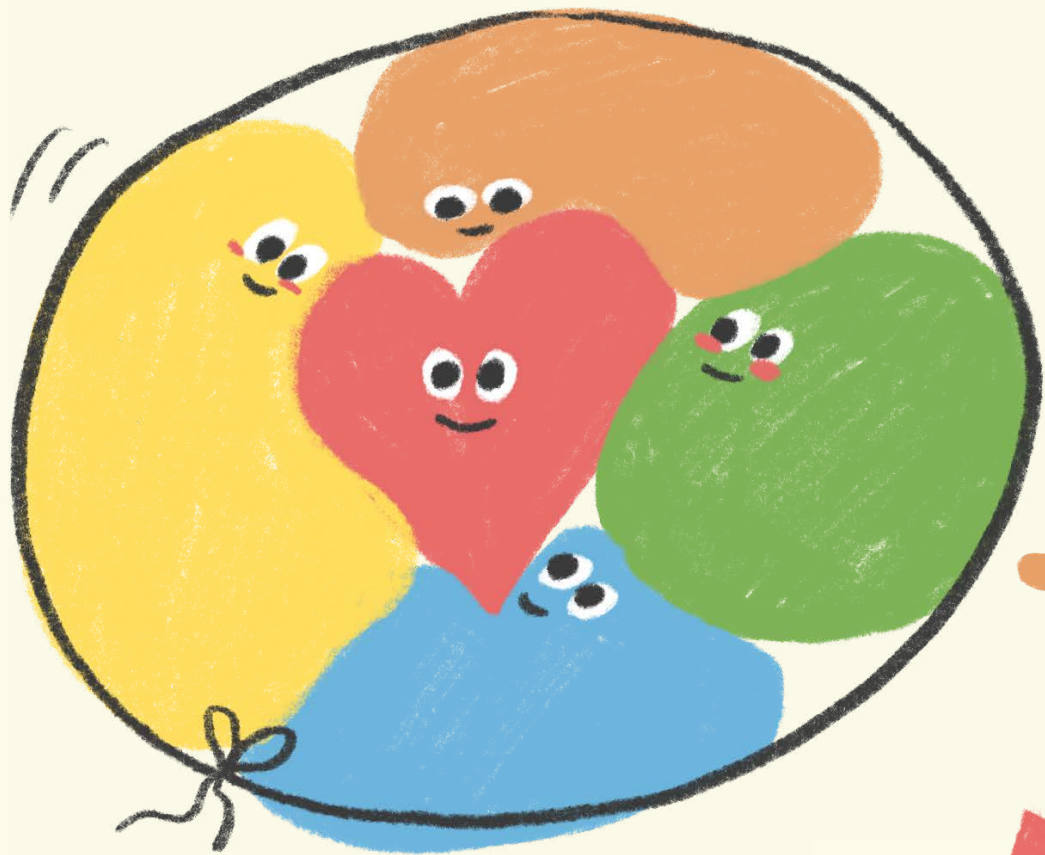


South Ayrshire Children and Young People's Services Plan

Child and Young Person's Version

2023-2026



south ayrshire
health & social care
partnership

South Ayrshire
COMMUNITY
PLANNING
Partnership



Welcome to your Plan!

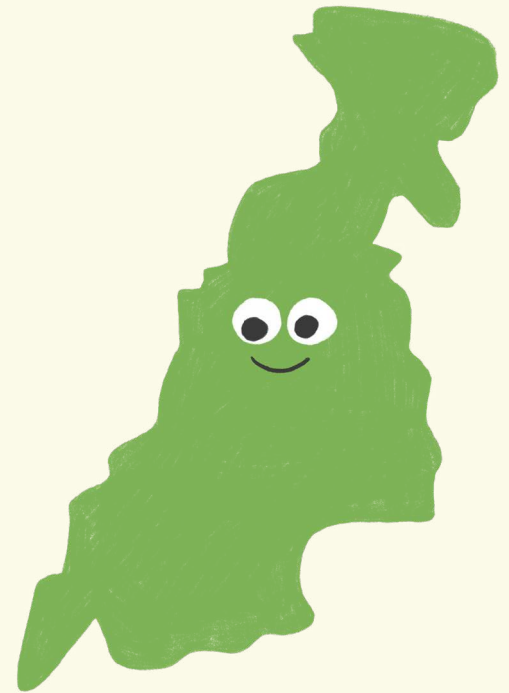
Version 08.03.24

We want to share a bit more about our third **Children and Young People's Services Plan in South Ayrshire** for 2023-2026.

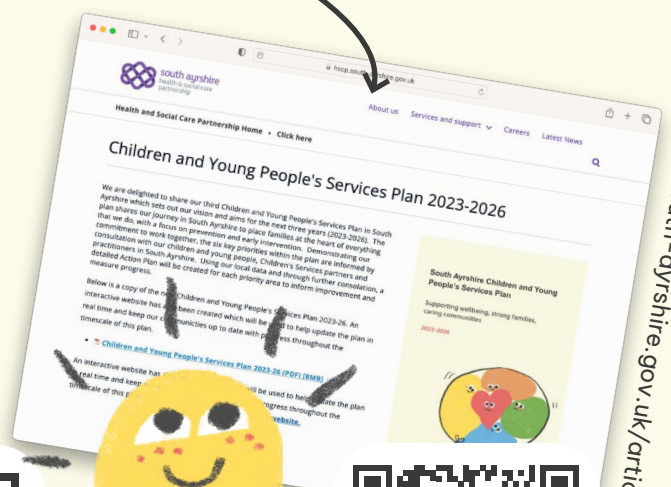
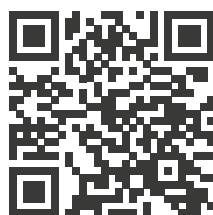
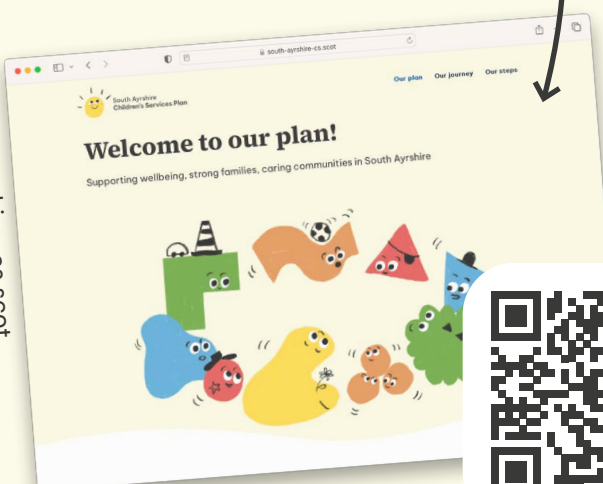
This plan helps all the different people who support children, young people and families to work together.

It helps people like school nurses, social workers, school staff and support workers to make sure they can give you the help you need, at the time when you need it.

If you want to find out a bit more, you can read the longer version of the plan [here](#) and visit our website [here](#).



south-ayrshire-cs.scot



hscp.south-ayrshire.gov.uk/article/60570

What this plan means for you



You told us that sometimes **you face challenges** that make it a bit more difficult for you to reach your potential such as:



You or someone in your family might need support with mental health.



Your family might have some challenges that mean you can't live at home at the moment.



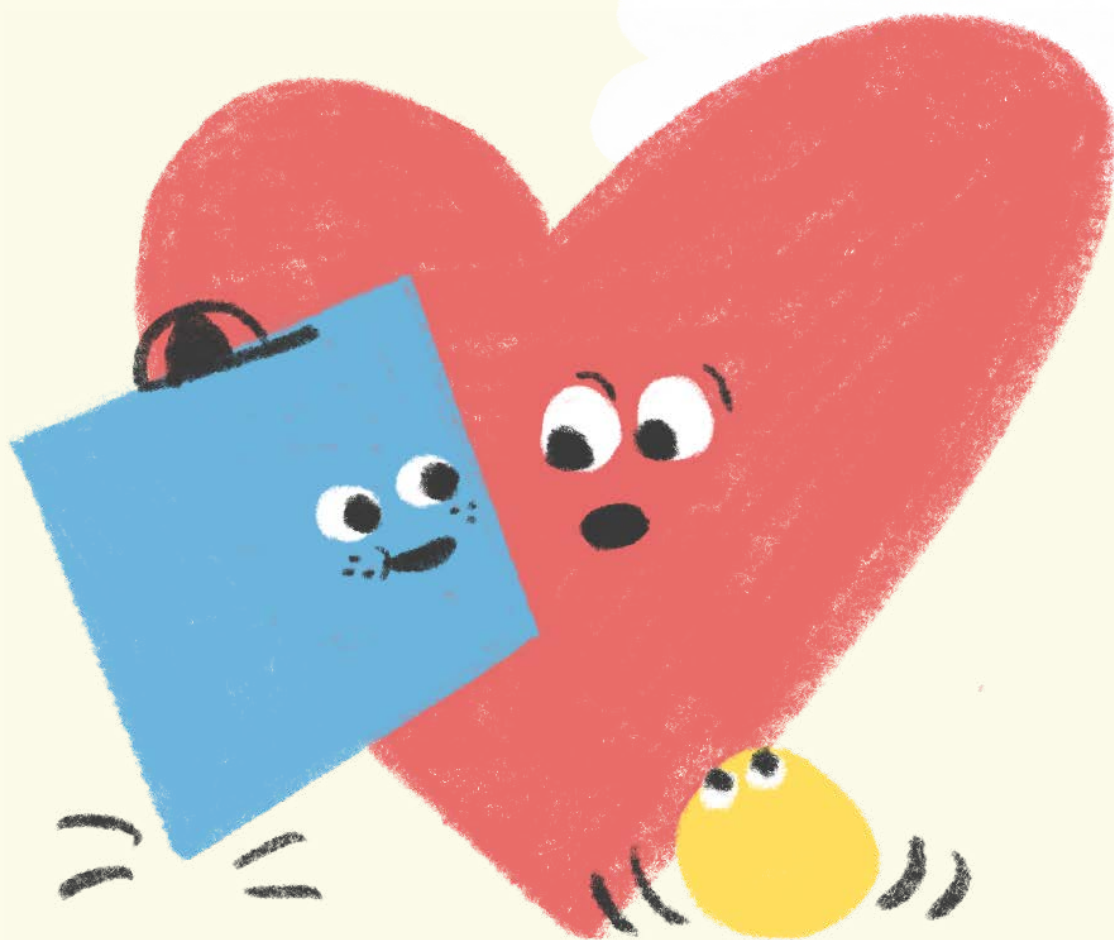
You might have an additional support need and need extra help to thrive, including if you have caring responsibilities for someone in your family.



You might need help at times of big change in life, we call these 'transitions' such as moving from Primary into Secondary school.

What we want you to know!

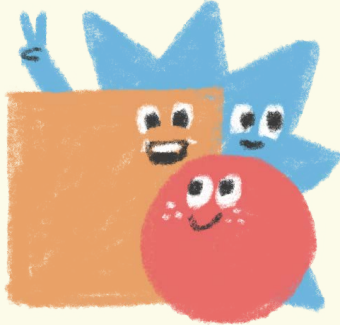
You should expect to get the support or help you need to thrive and live a good life. We hope this plan will help all children and young people to have good life chances.



South Ayrshire
should 👍 be the
best place in 🌳
Scotland ☀️ to
grow up!



You told us what's important...



1 You and your whole family should be able to **get help when you need it** (*especially if you are a young carer or care experienced*).



2 Your physical, emotional and mental **health**.



3 Help or support being **easy to find** in your local area, or near your school.



4 Being treated with **kindness and respect** when you ask for, or get, help and support.



Children, young people and families told us how it feels to get help in their area and how we can make things better for other children who need help.

We also talked to the people who support you.. They gave us information for example, how many children are struggling to go to school or how many young people go to hospital due to drugs or alcohol in South Ayrshire.

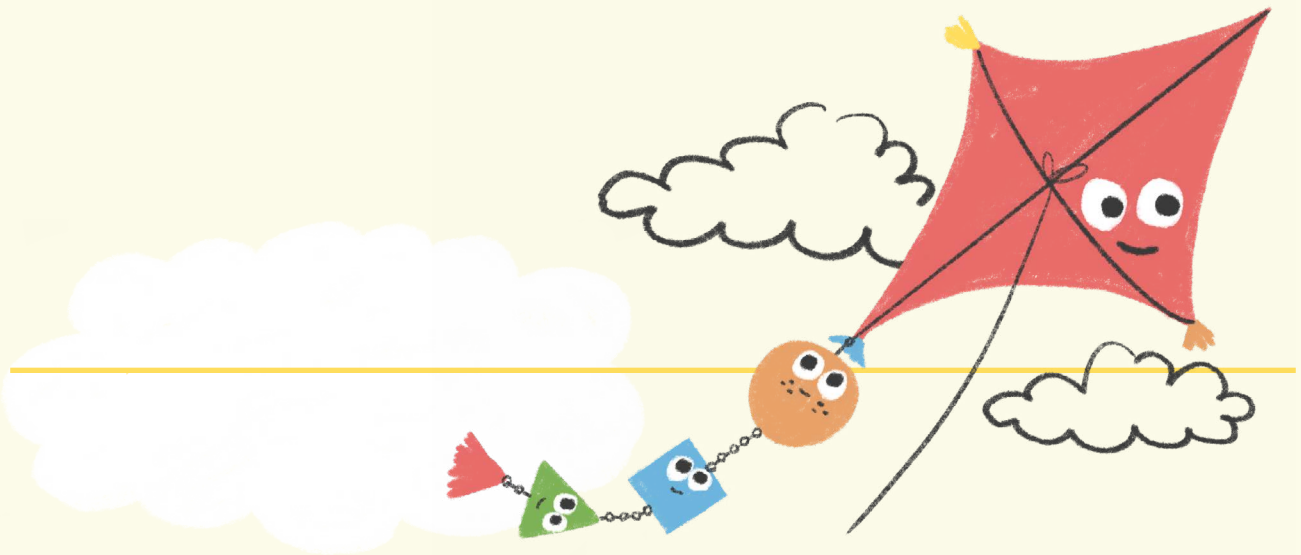


What will we do?

We will cherish our children and young people with care experience, and our young carers.

What are we going to do?

We will make sure that services in South Ayrshire are working together to Keep the Promise, and to create lasting change for children and young people with experience of care.



We will make sure you can get help or support easily in the area where you attend school.

What are we going to do?

We will have events to share the support in your local area (near your school) and will use our website too, where we will share events and information on people who can offer support all in the one place.

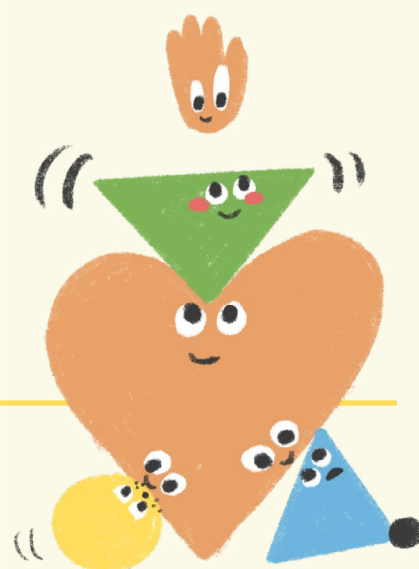


We will bring people together into teams to support you and your family if you need extra help with life challenges that affect your attendance at school, doing well at school or with big changes such as moving from Primary to Secondary school.

We will do more for you or your family where you have, or think you might have, an additional support need.

What are we going to do?

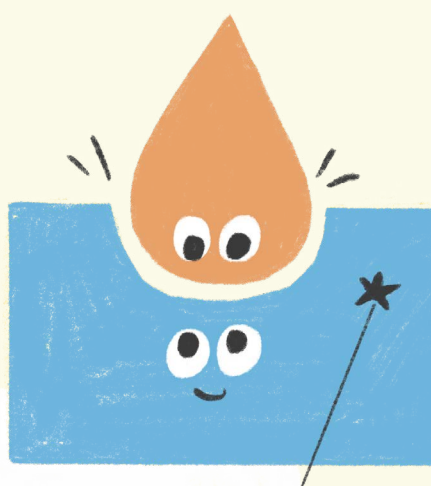
Everyone's brain works differently and everyone learns differently. We will make sure you or your family can get early help with additional support needs when you need it.



Children's Rights are really important to you and to us.

What are we going to do?

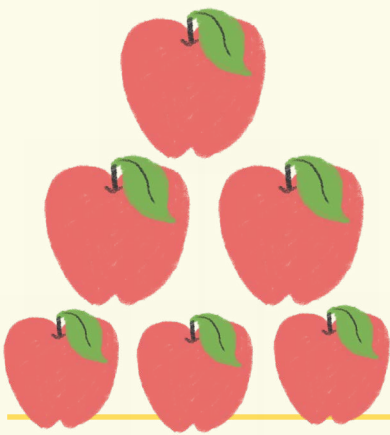
We want to listen to you and involve you in decisions about your wellbeing. We would like your thoughts on local services, this plan, and how it is progressing. We will do this through lots of different groups and opportunities to share your views.



**We will encourage
you to be healthy**

What are we going to do?

You told us mental health and feelings of anxiety are things that can affect you. We'll help children and young people to get early help, or to know what help is there for you locally. We will work alongside schools to make sure you'll have access to education and support to help you make positive choices to avoid smoking and vaping.



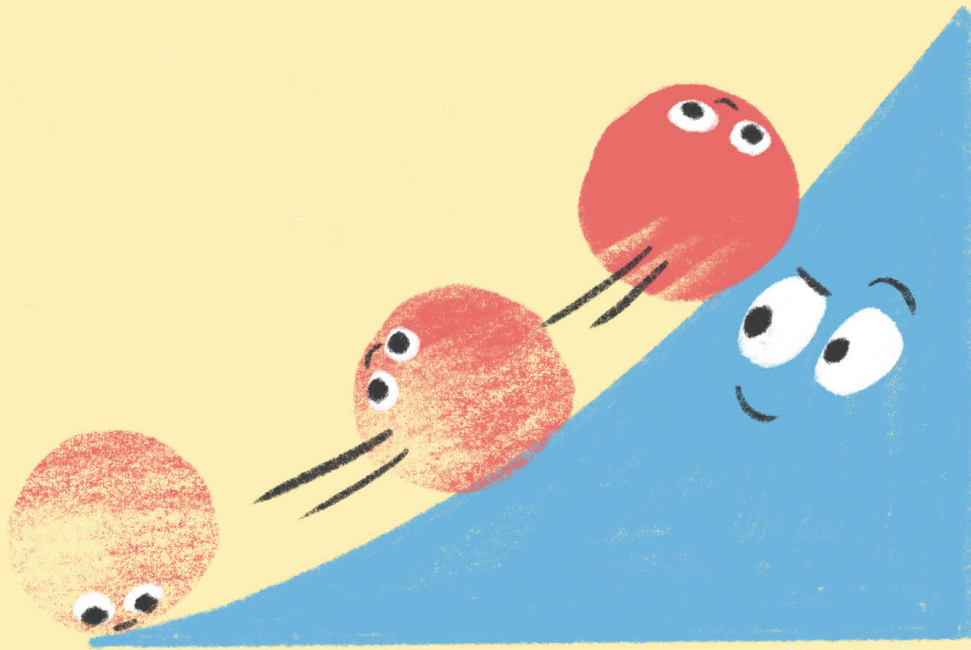
The Alcohol and Drugs Partnership will help if you, or a family member are trying to feel better from the harm that can be caused by alcohol and drugs. If your parent or carer is getting support, they will think about the whole family and ask if you need help too.

**We know that
people who help
you need to be able
to come together
to learn and make
good relationships.**

What are we going to do?

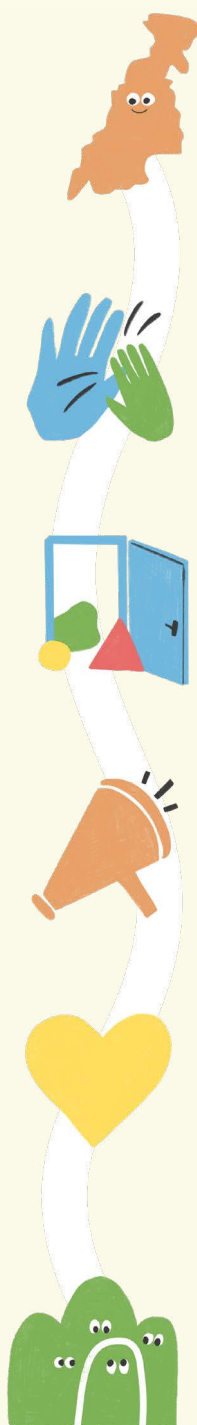
You told us that we need to help them with training and opportunities to work together. We will work on opportunities to support staff to learn alongside other services in South Ayrshire. This will mean they feel able to support you, your family and each other.





Thank you for reading the plan, we would love to hear what you think about it.

You can scan the QR code below to **share your opinion.**



south-ayrshire-cs.scot

